

# 9-12 Sea Turtle Diets Activity

## Overview

### Focus Question

What do sea turtles eat and how can scientists study their diets in order to protect them?

### Activity Synopsis

The students will learn how each species of sea turtle is adapted to eating certain prey items by studying the different shapes of their mouths and their feces. They will understand the impact that marine debris has on sea turtles.

### Time Frame

60 minutes

### Objectives

The learner will be able to:

- Identify the prey items of different species of sea turtles
- Explain how different species of sea turtles are adapted to eating certain types of prey
- Analyze scientific data from sea turtle diet research
- Explain the roles that sea turtles have in marine ecosystems

### Student Key Terms

- Community
- Ecosystem
- Endangered species
- Food chain
- Foraging
- Predator
- Prey
- Reptile
- Sea turtle
- Threatened species

### Teacher Key Terms

- Carapace
- Cold-blooded
- Dredging
- Keystone species
- Plastron
- Poachers

## Standards

*South Carolina College- and Career-Ready Science Standards 2021*

**Biology:** B-LS1-2, B-LS2-2, B-LS2-6, **B-LS2-7**

\* **Bold standards are the main standards addressed in this activity**

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## **Biology Performance Expectations**

B-LS1-2 Develop and use a model to illustrate the hierarchical organization of interacting systems that provide specific functions within multicellular organisms.

B-LS2-2 Use mathematical representations to support and revise explanations based on evidence about factors affecting biodiversity and populations in ecosystems of different scales.

B-LS2-6 Evaluate claims, evidence, and reasoning that the complex interactions in ecosystems maintain relatively consistent numbers and types of organisms in stable conditions but changing conditions may result in a new ecosystem.

B-LS2-7 Design, evaluate, and refine a solution for reducing the impacts of human activities on biodiversity and ecosystem health.

## **Cross Curricular Standards**

### ***South Carolina College and Career Standards for ELA***

Inquiry (I) – 2.1

Communication (C) – 1.1, 1.4

## **Background**

### **Key Points**

*Key Points will give you the main information you should know to teach the activity.*

- There are seven different species of **sea turtles** in the world, but only four can be found along the coast of South Carolina.
- All species of sea turtles do not eat the same type of prey. Different species of sea turtles have different adaptations for eating certain prey items.
- Scientists study sea turtle diets through field observations and fecal analysis.
- All adult sea turtles are top **predators** in marine **food chains** and they help control population growth in their **prey** items.
- Sea turtles are an integral part of the ocean's food chains and they need to be protected around the world in order to save their populations.
- Sea turtles often mistake marine debris as prey items, and this can be detrimental to their health and potentially fatal.
- All sea turtles are listed as either threatened or endangered by the Endangered Species Act.

### **Detailed Information**

*Detailed Information gives more in-depth background to increase your knowledge, in case you want to expand the activity or you are asked detailed questions by students.*

**Sea Turtles** are **reptiles**. They have a top shell called the **carapace** and a bottom shell called the **plastron**. Sea turtles have a shell for protection, but they cannot pull their limbs inside. Along with their shell, their large size helps protect them from most **predators** once they are adults. The front legs are flippers shaped and help to propel the turtle in the water. The back legs are used mainly as rudders for steering.

Like all reptiles, sea turtles are air breathers, lay leathery shelled eggs, have scaly skin and are **cold-blooded**. They can be found throughout the world and are listed as a **threatened** or **endangered species** internationally.

There are 7 species of sea turtles in the world. The 7 species are Flatback, Green, Hawksbill, Kemp's Ridley, Leatherback, Loggerhead and Olive Ridley sea turtles (link to species id and [http://www.ccturtle.org/seaturtleinformation.php?page=species\\_world](http://www.ccturtle.org/seaturtleinformation.php?page=species_world) .) US Atlantic Ocean sea turtles species live their entire lives in the ocean except when they are developing in the egg and when females come on shore to lay their eggs.

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## Foraging Adaptations

Sea turtle species do not eat the same diet. Hawksbill, Green, and Leatherback sea turtles have very distinct diets. Loggerheads, Kemp's Ridley, and Olive Ridelys have similar diets. The shape of a sea turtle's beak can provide insight to the type of **prey** that it primarily eats. The beak shape is an adaptation of sea turtles that allows them to target certain types of prey.

Loggerhead, Kemp's Ridley and Olive Ridley sea turtles have beaks that allow them to crush through shelled-mollusks and crabs. Loggerhead sea turtles have a very large and very strong beak. Inside of the beaks are bony plates for crushing the hard shells of their prey. Although shelled mollusks and crabs make up most of their diet, loggerheads sometimes eat jellies, marine invertebrates, cuttlefish, seaweeds, and sponges. Kemp's Ridley sea turtles have also been known to eat fish and jellies. The diet of Olive Ridley sea turtles consists of fish, shrimp, crabs, urchins, tunicates, jellies, and seaweeds.

Hawksbill sea turtles have a beak much like a bird's – hence their name. This type of beak gives hawksbills the ability to slice into sponges and cut pieces off. It also allows them to get in crevices of coral reefs. Hawksbills feed primarily on sponges growing on coral reefs. A small portion of their diet can consist of marine invertebrates, seaweeds, hydrozoans, and cuttlefish.

Green sea turtles have jaws that are serrated (jagged). This beak shape allows them to scrape algae off of hard substrate and it also allows them to shear sea grasses, seaweeds and algae. The diet of a green sea turtle is mostly sea grasses, seaweeds and algae.

Leatherback sea turtles are the largest sea turtles and astonishingly their diet mostly consists of jellies. Leatherback sea turtles have softer beaks than the other species of sea turtles; however, their beaks have sharp points. The cusps on a leatherback's beak can easily pierce the soft body of a jelly. Leatherbacks also have fleshy spines in their mouths that help leatherbacks keep the jelly in their mouths once they've captured it with their beaks. This species of sea turtle eats primarily jellies and other soft-bodied organisms such as hydrozoans.

## Researching Sea Turtle Diets

Biologists have been studying sea turtle diets for decades, but there is still so much to learn! There are some primary techniques that scientists use to study the diet of sea turtles. One of the best ways to determine what a sea turtle has been eating is to dissect its feces. What goes in must come out! Biologists are able to find such items as crab claws, pieces of shells and fish bones. A hawksbill's feces is made up of spicules (silica-filled needles) from sponges. It's basically like having glass shards in your digestive tract! The feces of a leatherback sea turtle contain nematocysts (firing cells) from jellies. Once the items are removed from the poop, scientists can work on identifying the objects. Unfortunately, biologists find items that are not natural prey items of sea turtles. Balloons, plastic bags and various other types of plastic have been found in sea turtle feces.

Another way that scientists can track what a sea turtle eats is by making observations either out in the ocean or in a lab. Finding a sea turtle in the ocean is rather difficult, but scientists have developed devices such as **satellite tags** and time depth recorders (TDR) that give scientists the ability to track sea turtles. A satellite tag allows scientists to track the location of sea turtles. Satellite tags are also used on many different animals around the world. First, a tag must be placed on an animal and then it can be tracked. For sea turtles, the tag looks like a small box with an antenna coming out of it. The tag is glued to a sea turtle's shell and then the sea turtle is released back into the ocean. Every time the sea turtle surfaces, the tag sends out a signal to a satellite in the sky and the satellite sends the information to the scientists. The satellite tag collects information on the turtle's location, the temperature of the water, how deep the turtle dives, how long the turtle stays underwater, etc. Since scientists can track the location of sea turtles, they can observe firsthand what it forages on in the wild. Sometimes these observations can be made without satellite tags. For instance, if scientists can identify foraging spots, then no satellite tags are needed. A time depth recorder is a device that can be placed on a sea turtle and it records the depth of the dive, the duration of the dive, and the time spent at the surface. This type of technology is advancing and now scientists can even put small video recorders on sea turtles. This allows them to see exactly what a sea turtle is preying upon!

## Sea Turtles in Marine Food Chains

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All species of sea turtles play a vital role in marine **ecosystems**. As adults, they are usually at the top of marine **food chains** and food webs and they are considered keystone species. They help to maintain populations and prevent an over-abundance of their prey items. For instance, leatherbacks play a role in controlling large populations of jellies. If jelly populations get out of control, then they will eat a large number of juvenile fish causing impacts on commercial fishing.

Scientists are discovering that the grazing of green sea turtles on sea grasses can positively affect the growth of sea grasses. The sea turtles cause a good disturbance of the sea grass beds and that promotes growth and discourages aggressive species of sea grasses from taking over beds. Scientists are also seeing this same effect with hawksbills and sponges.

## Marine Debris

Sea turtles will often mistake marine debris for prey items. For instance, a plastic bag floating in the water looks very similar to a jelly. Sea turtles have small brains in comparison to their large bodies. A loggerhead sea turtle can weigh 200-400 lbs when full grown, yet it has the brain the size of a grape. It doesn't mean that they are dumb; they are just instinct-driven. If something looks like a prey item, then their instincts tell them to eat it because it should be a prey item! More and more plastic and other type of marine debris enter the ocean every day. Sea turtles are continually at danger of mistakenly eating this litter. In some instances, marine debris can pass through a sea turtle's digestive tract, but it can also cause serious damage. Eating foreign objects can block the digestive tract of sea turtles and this causes the sea turtle to feel full. If it feels full, then it is not going to hunt for food. Eventually, the sea turtle will end up starving to death. Some types of marine debris can be toxic and poison the sea turtle when ingested. Eating litter could also cause a sea turtle to choke. It is common in our Sea Turtle Hospital to admit turtles that have eating various types of marine debris.

## Conservation

Sea turtles have been in existence for 65-145 million years according to fossil records. Today, they face many natural and human induced threats throughout their life. This is a breakdown of some of those threats:

### *Eggs:*

- Natural threats to eggs include predators (fire ants, raccoons, domestic cats and dogs and ghost crabs), vegetation (roots smother eggs) and storms (high tides washing over nests).
- Human threats to eggs include **poachers**, vandalism, beach nourishment and **dredging**.

### *Hatchlings:*

- Natural threats to hatchlings include predators (ghost crabs, raccoons, fire ants, birds and fish), disease and weather.
- Human threats to hatchlings on the beach include poachers, beach obstacles (sand castles, holes and beach litter) and beach front lights (can confuse hatchlings to go in opposite direction of the ocean)
- Human threats to hatchlings in the sea include fishing gear, litter and boats.

### *Juveniles:*

- Natural threats to juveniles include predators such as large fish and diseases such as Fibropapillomatosis (skin tumors), internal parasites (heavy loads of flatworms), external parasites (heavy loads of leeches, barnacles, worms or algae).
- Human threats to juveniles include litter, boats and fishing gear (fishing line, ropes, nets and crab traps).

### *Adults:*

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- Natural threats to adults include predators such as shark and diseases such as Fibropapillomatosis (skin tumors), internal parasites (heavy loads of flatworms) and external parasites (heavy loads of leeches, barnacles, worms or algae).
- Human threats to adults include litter, boats and fishing gear.

Some people may wonder why it is so important to protect sea turtles. Sea turtles, just like all living things have their place in the ocean ecosystem. Without a balance of animal populations through food chains, communities and ecosystems could become unbalanced. People around the world rely on the ocean for food, oxygen, the earth's climate and medicines.

About 16% of the world's food comes from the ocean. This might not seem like a large percentage, but it equals about 200 billion pounds each year. It is thought that about 90% of the world's oxygen is produced by the phytoplankton of the ocean. This is important because all living things need oxygen to breath. The ocean also plays a huge role in the climate of the earth. The ocean collects and mixes carbon dioxide, heat and water which in turn will control the climate patterns around the world. Researchers are always discovering more about the living things in the ocean. New discoveries could lead to medical breakthroughs in cures for diseases and medicines.

Sea turtles are known as keystone species, a species that if removed could cause dramatic changes to the **community**. An example of this is the leatherback sea turtle and jellyfish keystone species interaction. Fishermen have noticed an increase in jellyfish populations in the Atlantic Ocean. Jellyfish feed on fish larva. With more jellies there is less fish growing to adult size and therefore less fish for fisherman to catch. The reason is most likely because of the dramatic decrease in the leatherback sea turtle populations. Leatherback sea turtles eat jellies and without them the jelly populations are increasing. The main cause of the decrease in leatherback sea turtle population is from being caught in fishing nets. It's a cycle that went on for so long that without drastic changes could mean an end to many fishing industries.

Many efforts are being done to protect sea turtles around the world. Protecting sea turtles must include the protection of the beaches as well as the ocean. Sea turtles are federally protected by the Endangered Species Act.

The following list of some things that can be done to protect sea turtles:

1. Never touch a sea turtle if you see one in the wild (this is illegal).
2. Call your local Department of Natural Resources (DNR) if you find an injured or stranded sea turtle
  - South Carolina DNR – (800) 922-5431
3. Turn off beach front lights during nesting season (May-Oct.)
4. Fill in sand holes on the beach during nesting season
5. Knock down sand castles at the end of the day during nesting season
6. Don't let your dog dig in the sand dunes (this is illegal)
7. Don't walk on sand dunes (this is illegal)
8. Use canvas bags instead of plastic to reduce trash
9. Don't litter
10. Use caution when boating and always watch out for turtles
11. If you catch a turtle while fishing, call DNR
12. Fisherman must use Turtle Excluder Devices (TED's) on all fishing/shrimping nets so turtles can get out if caught (this is law in the US)
13. Join an Island Turtle Team
14. Support a Conservation Organization (Like the South Carolina Aquarium)
15. Leave No Trace (be respectful of nature while you are enjoying it)

## Procedure

## Materials

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- [Intro Presentation](#)
- Pencils or pens
- [Sea Turtle Diets Data Sheet](#) (1 per student)
- [Sea Turtle Diets Data Sheet Answer Key](#) (for teacher only)
- Plastic bag in jar of water

## *Lab Station 1 – Sea Turtle Beaks*

- [Sea Turtle Beak Pictures](#) (laminated)
- [Sea Turtle Beak and Diets Descriptions](#) (laminated)

## *Lab Station 2 – Sea Turtle Feces Investigation*

- [Sea Turtle Feces Pictures](#) (laminated)
- Dissecting microscope
- Computer and/or Science Book

## **Procedure**

The most effective way to run this activity is to set up 2 lab stations on 2 separate tables and have the students switch groups. If you have the space, you could prepare double materials and split the class so fewer students are at each station. It's best to laminate the materials so that you can reuse them each year. To help them get started with the lab, you should discuss a few things first:

1. Use the Intro Presentation to talk about the different sea turtle species and how we can look at beaks and feces to learn more about their life and therefore better protect them.
2. Next, give each student a Lab Data Sheet and get them organized to start the stations.

## *Lab Station 1 – Sea Turtle Beaks*

- Prep before class – lay out Beak Pictures A-D on a table. Make sure to have a copy of the Beak Descriptions on table as well for students to reference.
- Make sure students are aware that there are only 4 turtle species possibilities for the answers (Loggerhead, Green, Hawksbill, and Leatherback). This will help them narrow down their choices. It is on the data sheet as well.

## *Lab Station 2 – Sea Turtle Feces Investigation*

- Prep before class – lay out Feces Pictures A-D on the table. Put a dissecting microscope out as well so students can get a closer look at the pictures.
- Make sure students are aware that there are only 4 turtle species possibilities for the answers (Loggerhead, Green, Hawksbill, and Leatherback). This will help them narrow down their choices. It is on the data sheet as well.
- Students may need to look up information on a computer or in a science book to help them figure out the turtles (for example: they may need to look up what a nematocyst is and what animal it comes from to figure out what turtle number 2 is eating)

3. At the end of the rotations, go over the answers with the students asking them questions along the way such as:

*Beaks:*

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- Did each of you have similar descriptions of the beaks?
- Can they think of trash that would look similar to sea turtle prey? Show the class a plastic bag floating in a jar of water. What does it look like? What species of sea turtle would be the most likely to eat it?
- What are some examples of fish with very different mouth shapes? How about birds?

## *Feces:*

- Do you think the trash would be seen in the feces?
- Does all trash that's ingested pass through the digestive tract or does it get stuck?
- Ask the students what would happen to a sea turtle that cannot pass ingested marine debris.
- What can you do to help sea turtles?

## **At-home Learning and Virtual Modifications**

At-home Learning: Have students explore the Sea Turtle Diets Wakelet: <https://wke.lt/w/s/f9A0Yu>. This wakelet introduces students to sea turtle diets by having them explore a website and then learn how studying turtle poop can save a species through a youtube video. Finally it contains a link to a combined data sheet, all the lab pictures, and follow up questions.

### [Sea Turtle Diets Worksheet](#)

Virtual: Use the following nearpod information to choose how to teach this activity. Activity will cover a sea turtles diet and what we can learn from studying sea turtle poop.

### [Teacher led lesson without student interaction](#)

Teacher led lesson with student interaction - directions

1. Create a free nearpod account (<https://nearpod.com/>)
2. Ask Aquarium to send you Sea Turtle Diets nearpod link (email [education@scaquarium.org](mailto:education@scaquarium.org))
3. After you receive Aquarium link, add lesson to your nearpod activities by clicking "Add to My Library"
4. Send to students using Live Participation
5. You'll be able to see their answers and interactions

## **Follow-up Questions**

- Why are sea turtles important?
- What devise would you design to study sea turtle diets?

## **Assessment**

Give each student a [Sea Turtle Diets Assessment Worksheet](#). It asks them to describe the different beak shapes of sea turtles, identify items that could be found in sea turtle feces, and explain the impact that marine debris has on sea turtles.

*Scoring rubric out of 100 points*

### [Sea Turtle Diets Assessment Worksheet Answer Key](#)

Each question is worth 20 points. 5 questions total for 100 points.

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## Cross-Curricular Extensions

### **STEM Extension**

Have students design a loggerhead beak out of recycled plastic and metal tongs. Fill up balloons with water and air to act as jellies and float them in the water. Students can have their turtles “eat” the jellies to see if their design worked (did the “beak” bust the balloons). Have them use the steps of the engineering design process during this project.

- Define the problem
- Do background research
- Specify requirements
- Brainstorm solutions
- Choose the best solution
- Do development work
- Build a prototype
- Test and redesign

### **STEAM Extension**

Group students and have each group design and build a universal beak that would allow turtles to eat any source of food, which would allow the turtles to increase longevity and survival. Have them brainstorm reasons why turtles don’t all eat the same food items.

## Resources

### **Teacher and Student Reference Books**

Bolten, Alan B. and Blair E. Witherington. *Loggerhead Sea Turtles*. Smithsonian Institution, Washington, D.C., 2003.

Gulko, David and Karen Eckert. *Sea Turtles: An Ecological Guide*. Mutual Publishing, Hawaii, 2004.

Lutz, Peter L and John A. Musick. *The Biology of Sea Turtles*. CRC Press, Boca Raton, 1997.

Lutz, Peter L., John A. Musick and Jeanette Wyneken. *The Biology of Sea Turtles, Volume II*. CRC Press, Boca Raton, 2003.

Ruckdeschel, Carol and C. Robert Shoop. *Sea Turtles of the Atlantic and Gulf Coasts of the United States*. The University of Georgia Press, Georgia, 2006.

Safina, Carl. *Voyage of the Turtles: In pursuit of the Earth’s Last Dinosaur*. Henry Holt and Company, 2007

Spotila, James R. *Sea Turtles: A Complete Guide to Their Biology, Behavior and Conservation*. Johns Hopkins University Press, 2004.

Witherington, Blair. *Sea Turtles: An Extraordinary Natural history of Some Uncommon Turtles*. Voyager Press, St. Paul, 2006.

### **Teacher and Student Reference Websites**

Caribbean Conservation Corporation

<http://www.cccturtle.org/seaturtleinformation.php>

This site has many links to sea turtle information. You will be able to link to basic sea turtle biology about life history, species information, nesting and behavior as well as learn why sea turtles are important.



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Defenders of Wildlife

[http://www.defenders.org/wildlife\\_and\\_habitat/wildlife/sea\\_turtles.php#](http://www.defenders.org/wildlife_and_habitat/wildlife/sea_turtles.php#)

Good Site for information on sea turtle status on the Endanger Species List.

Marine Bio

<http://marinebio.org/Oceans/Ocean-Resources.asp>

Good site for understanding ocean resources.

National Oceanic and Atmospheric Association (NOAA)

<http://www.nmfs.noaa.gov/pr/species/turtles/>

This site is a great resource for basic sea turtles information, but has many links to more in depth information as well. You will be able to click on links to each sea turtles species and get details information as well as click to other resource websites.

<http://graysreef.noaa.gov/tw/turtles.html>

Life history and basic information of the five sea turtle species found on the east and gulf coasts of the United States.

Sea Turtle.org

<http://www.seaturtle.org>

This website has all sorts of information to look through and updates the records daily (nesting numbers, stranding numbers,...). It also gives you the needed information to report sick or dead sea turtles found as well as satellite tracking maps.

[http://www.seaturtle.org/documents/ID\\_sheet.pdf](http://www.seaturtle.org/documents/ID_sheet.pdf)

Species dichotomous key pdf. Download this resource and it will show you how to identify each sea turtles species.

South Carolina Department of Resources (SCDNR)

<http://www.dnr.sc.gov/seaturtle/outreach.htm>

Good site for resources (curricula, field trip sites, links to other sea turtle sites and list of resource books).

<http://www.dnr.sc.gov/marine/pub/seascience/pdf/seaturtle.pdf>

Sea turtle life history and general facts as well as threats and conservation tips designed as a easy to print, pdf.

US Fish and Wildlife Service (USFWS)

<http://www.fws.gov/northflorida/SeaTurtles/turtle-facts-index.htm>

Information on each sea turtles species.

[http://www.fws.gov/northflorida/SeaTurtles/20090700\\_You\\_Can\\_Help\\_ST.pdf](http://www.fws.gov/northflorida/SeaTurtles/20090700_You_Can_Help_ST.pdf)

Link to brochure on ways people can help protect sea turtles. Brochure can be printed and folded as tri-fold or you can contact the USFWS to send you some.

## Online Curricula

SEA K-12 Lesson Plans

<http://www.sea.edu/academics/k12.aspx>

NOAA's Aquarius Lesson Plans

<http://www.uncw.edu/aquarius/education/lessons.html>

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NOAA's Learning Ocean Science through Ocean Exploration Curriculum  
<http://oceanexplorer.noaa.gov/edu/curriculum/welcome.html#curriculum>

Project Oceanica Lessons  
<http://oceanica.cofc.edu/LoggerheadLessons/LoggerheadHome.htm>

Project WILD  
<http://www.projectwild.org/resources.htm>

## Videos

Wildlife Survivors: A Tale of Two Turtles/Dolphins in Danger

National Geographic – Tales from the Wild: Cara the Sea Turtle

Nature – Voyage of the Lonely Turtles

The Sea Turtle: Threatened Vagabond of the Indian Ocean

Journey of the Loggerhead  
<http://www.envmedia.com/production/loggerhead/index.htm>

Last Journey for the Leatherback  
<http://vimeo.com/7782397>

The Turtle Ladies of Charleston County  
[http://www.scetv.org/index.php/carolina\\_stories/show/the\\_turtle\\_ladies\\_of\\_charleston\\_county/](http://www.scetv.org/index.php/carolina_stories/show/the_turtle_ladies_of_charleston_county/)